



Investigators

Investigate their personal situations, poverty, personal & community resources, desired change

Develop personal plans to strengthen resources and change to become more stable, self-directed, and self-sustaining

Investigators graduate and confer with mentors to implement their personal plans

For further information:

Call St. Dorothea Conference,
St. Vincent de Paul Society @
732-939-6225



GET STARTED!

Attend Mentor Training

Be trained in aha! Process concepts

Be a Cheerleader, Friend, Connector:

form a trusting relationship

mentor another person's self-discovery

work with a co-mentor

be accepting and non-judgmental

WHY VOLUNTEER AS A MENTOR FOR THE GETTING AHEAD PROGRAM



Our love of God – who we cannot see – must be expressed by our love of neighbor – who we can see

How the Program Works



Co-Facilitators

Guide the Getting Ahead process by working with a group of 8 - 12 Investigators.

Mentors :

Guided by Co-Facilitators - 'in the background' – develop significant relationship/ provide support / affirmation between sessions

Walk with Investigators through the entire process.

Mentors: - acknowledge, validate, question, and affirm Investigators' actions. - assist in facilitating community connections. - never do what Investigators are capable of doing for themselves.



Not a counselor or expert

A survivor but doesn't carry the "baggage"

Are empathetic without being "taken"

Can laugh and have fun

See the best in those who can't always see it in themselves

Facilitate community connections that **empower a graduate** to build personal "resources" & implement his or her plan

Implementing Plans

Mentors act as coaches & connectors to community resources

