

How the Program Works

The Getting Ahead Program is not just about how you got where you are now. It is about what you can do next to build the life you want.



Participants Investigate

- The reality of conditions in your community & how they impact you
- Hidden rules for getting ahead
- Skills that give you confidence
- How to build resources
- How to make valuable connections at home, at work, and in the community
- Ways to deal with change and create stability in your life

GET STARTED!



For further information:

Call St. Dorothea Conference,
St. Vincent de Paul Society, Inc.
@ 732-939-6225

ARE YOU READY TO CHANGE YOUR LIFE?



Find out how by attending:

**“GETTING AHEAD IN A JUST
GETTING BY WORLD”: BUILDING
RESOURCES FOR A BETTER LIFE**



Hosted by:
St. Dorothea's St. Vincent de
Paul Society



Co-Facilitators

Guide the Getting Ahead process by working with a group (8 to 12) of Investigators.

Classes meet for 2 ½ hours each week for 16 - 18 weeks.

Investigators do additional research outside of class.

Mentors

Walk with Investigators through the entire process.



They: - acknowledge, validate, question, and affirm Investigators' actions. - assist in facilitating community connections. - never do what Investigators are capable of doing for themselves.

Implementing Plans

Investigators graduate and:

Work to implement their personal plans

Confer with Mentors who act as coaches & connectors to community resources

